



NCADD
SACRAMENTO

National Council on Alcoholism
and Drug Dependence
Strengthening Individuals and Families Since 1974

WHAT WE DO

Background & Facility

As part of a national organization founded by the first woman to get sober in the modern recovery movement, NCADD Sacramento has worked since 1974 in the field of alcoholism and drug dependence. The concept that alcoholism and other drug addictions are treatable and preventable diseases has gained acceptance, but stigma still exists. Ignorance still negatively affects public policy, community attitudes – and the addicts and alcoholics themselves. Inaccurate information, negative stereotypes and a lack of hope must be replaced by deeper understanding, effective prevention and treatment, and a well-informed citizenry working together to address one of the most important diseases of our time.

Our 15,000 sq. ft. facility is located in the Arden Arcade community at 2143 Hurley Way, Suite #250 Sacramento. This location has close access to public transportation, free parking, private security, as well as other health providers located adjacent to our offices. We are fully staffed 5 days per week from 8:30am – 6:00pm.

WHAT WE BELIEVE

Our Mission is: *To promote public understanding of alcoholism and drug dependence as treatable and preventable diseases.*

The disease of addiction is everywhere – from the homeless shelter and the prison to the corporate boardroom and the rural farm town – from the local church and the emergency room, to the medical school to the grade school – from the city streets and the suburban bedroom, to the corner office and the senior center. With approximately one in ten Americans suffering from this fatal, progressive illness, every aspect of our community is affected. NCADD Sacramento believes that given the right tools, recovery is possible for many alcoholics and addicts. We can even help prevent the onset of the disease in young people.

Just as the problems associated with addiction permeate our community, the solutions associated with recovery can benefit all of us as well. The more we support recovery in our community, the more the community benefits from its fruits – stronger, healthier families, a more productive economy, safer streets, less crime, more efficient health care system, and the promise of hope.

To fulfill our mission, NCADD Sacramento takes a holistic approach to the issues of addiction and recovery, understanding that different members of the community can get involved in different ways. The addict facing jail time needs a tough, high quality treatment program; while the ten year old who sees ads on the internet making alcohol look “cool” needs a good prevention program. The doctor who first notices a potential problem needs education and training on substance abuse topics; a family member needs information on where to go for help, and the person in early recovery might want to join as activist group organizing on recovery topics. Everyone deserves the opportunity to know how they can participate.



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Summary of NCADD – Sacramento Programs

Information & Referrals: Through confidential phone referrals - speak privately to one of our caring and knowledgeable staff members, to find the appropriate referrals needed.

Education, Organizing and Outreach: To reduce the stigma of alcoholism and drug addiction and improve the opportunities for long term recovery, we must change public attitudes and perceptions about alcoholism and drug addiction, and educate decision makers about the potential of recovery. We do this through support for alumni groups of NCADD programs, participation in coalitions, letter and testimony on topics of the day, and public events and presentations in the community.

Professional Evaluations: The NCADD offers low-cost, professional, substance abuse evaluations for any purpose. We work directly with the Sacramento County Family Court Services, Child Protective Services and others who are in need of such an evaluation.

Prevention: Family based prevention: Strengthening Families Program (SFP): Open to the community and all NCADD program participants, this evidence-based, best-practice prevention program serves children and youth between the ages of 6-16 years old and their families. This program helps families vulnerable to substance abuse problems recover together through a 14 week curriculum of children and youth activities, parent/caregiver sessions and group session with the whole family.

Women's Perinatal Program: The NCADD provides intensive outpatient and outpatient services to the counties most vulnerable population – women who are pregnant or parenting and have substance abuse and mental health issues. Our Women's Perinatal Program is part of a continuum of care provided to women and children. In conjunction with specialized alcohol and drug treatment services, NCADD will also be providing trauma-based services. Along with these services the Women's Perinatal Program will provide parenting and life skills classes, family prevention programming, co-occurring disorder group and individual counseling.

General Outpatient & Intensive Outpatient Services: NCADD Sacramento provides outpatient & intensive outpatient treatment services. Whether self-referred, CPS referred or sent by the criminal justice system to address addiction issues, weekly individual and group sessions are available days and evenings. Our treatment services include individual and groups focused on drug education, substance misuse, trauma and substance use, relapse prevention, parenting classes and co-occurring disorders.

Drug Diversion Education Program: First-time drug offenders are referred by the courts and probation to this fee-for-service education program. Participants are required to be drug tested, strict attendance in individual and group counseling, involvement in traditional self-help program and other activities.



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Coalition Building: NCADD is a community leader in coalition building and collaboration. We believe that healthy communities are those in which we all support the wellness of our community members.

NCADD Sacramento Board of Directors:

President, Renee Zito,

Treasurer, Susan Granzella

Secretary, Jo Ann Harris

President Emeritus, Annie Andrighetto

Member, Diane Truly

Member, Robert Miller

Member, Brianna Garcia

Executive Director, Mary Pruitt

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