

Do you want to improve your child's grades & attentiveness?



Looking for ways to improve your child's behavior?



Do you want to keep your child safe from risks?



Strengthening Families

is for you and your kids!

FREE FAMILY DINNER EVERY SESSION

What can kids gain?

Develop better communication, social skills, solve problems, understand their feelings, comply with family rules, resist peer pressure & learn the consequences of substance abuse.

What can parents gain?

Improve family communication, provide effective discipline, set constructive limits, use attention and rewards to improve their children's behavior, understand the negative impact of substance abuse on family relationships.

Current Session

For Parents with children 3-16 years old

Bannon Creek Elementary School

2775 Millcreek Dr.

Sacramento, CA 95833

October 4th to December 13th

Tuesdays at 5:30pm

Classes for parents and their kids ages 6-17, providing skill building in social and life skills and family relationship skills. Features structured family activities, family meetings and teen activities.

10 Free Family Classes

Free Family Dinner & Childcare

For more information contact:
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